

LGBTQ+ Competent Service Providers, Agencies, and Resources

Local, State & National Service Providers and Agencies

CHILD CARE:

Early Learning and Child Care

Address: 805 South Mission St. Wenatchee, WA 98801

Main Office: 509-665-5289

Administrative Staff: Maria Ruiz | 509-306-5360

Child Care Licensing Supervisor: Melissa Payne | 509-423-2053

Child Care Licensing Area Administrator: Karen Christensen | 509-319-0859

LEGAL:

Chelan Douglas CASA Bar Association

8 S Mission St Suite 201

Wenatchee, WA 98801

Phone: 509.663.2778

- Family/juvenile court
- Family Law Attorneys

MEDICAL:

Columbia Valley Community Health (CVCH): 509.662.6000.

The below referral comes recommended by Community Health:

- **Dr. Sean Hippe** – Chelan
Professional areas of Interest: Full spectrum family medical practice including outpatient and hospital-based clinical care, obstetrics, colonoscopy/endoscopy, gender-affirming therapy, medication therapy for substance use disorders

Confluence Health – 509.663.8711

Dr. Nicole Linn

Clinical Interests

- Internal Medicine
- Pediatrics
- LGBTQIA+ care

Dr. Kara Stoll

Clinical Interests

- LGBTQIA+ care
- OB/GYN
- Family Planning
- Women's Health
- Well Women Exams

Seattle Children's Gender Clinic – 206.987.2028

To make an appointment or for questions about scheduling.

Youth or families who need additional support resources that are not available on our website can contact our care navigators at [206-987-5768](tel:206-987-5768). The care navigators are not able to assist with scheduling questions.

CHELAN DOUGLAS CASA PROGRAM

Planned Parenthood - 866.904.7721

MENTAL HEALTH:

Confluence Behavioral Health - 509.663.8711

Scott Riseley

Clinical Interests

- Trauma-focused therapy
- Therapy for Depression
- Therapy for Anxiety
- LGBTQIA+ care

Jamie Tinsley

Clinical Interests

- Depression
- Anxiety
- Poor Compliance
- LGBTQIA+ care

Columbia Valley Community Health (CVCH) - 509.662.6000

Dr. Misha L. Whitfield PSYD

Dr. Misha Whitfield (They/Them) is a licensed psychologist, who at CVCH serves a dual role as Associate Behavioral Medicine Wenatchee Director and Director of Clinical Training for two formal training programs, the Doctoral Internship and Post-Doctoral Fellowship in Health Service Psychology.

Leah Spigelman, MS LMHC-A

Professional areas of interest:

- Mindfulness-based interventions
- Multicultural concerns
- Trauma-related disorders
- LGBTQ+ issues
- Holistic care

Christine Heller, Ph.D

Professional areas of Interest:

- Community psychology
- Treatment of trauma
- Psychological assessment
- Liberation psychology
- LGBTQ+ issues
- Integrated care

Laura Pluckhan, LMHC-A

Professional areas of Interest:

- Trauma
- Psychosis
- LGBT+
- Art Therapy

CHELAN DOUGLAS CASA PROGRAM

Independent:

Micah Vacatio

Toward the Within Counseling, PLLC

Wenatchee, WA 98801

(206) 207-6345

Specialties:

- Anxiety
- Transgender
- Depression

RELIGIOUS/SPIRITUAL:

****Recommended via Wenatchee PRIDE***

Cascade Unitarian Universalist Fellowship

1550 Sunset Hwy, East Wenatchee, WA 98802

Phone: (509) 886-4023

Grace Lutheran Church

1408 Washington St, Wenatchee, WA 98801

Phone: (509) 663-2189

Faith Lutheran Church in Leavenworth

224 Benton St, Leavenworth, WA 98826

Phone: (509) 548-7010

New Song Community Church of East Wenatchee

11 N Iowa Ave, East Wenatchee, WA 98802

Phone: (509) 886-0310

St. Luke's Episcopal Church in Wenatchee

28 King St, Wenatchee, WA 98801

Phone: (509) 662-5635

Sunnyslope Church

3330 School St, Wenatchee, WA 98801

Phone: (509) 663-5745

SOCIAL:

YouthLink Programs - Q Chat Space

1-800-273-8255.

[Q Chat Space](#), a digital LGBTQ+ center for LGBTQ+ teens providing facilitated live-chat support groups. Q Chat Space is managed by YouthLink staff. The facilitators are staff at LGBTQ+ centers from across the country and it is available to all CenterLink members to promote in their region to help support youth who can't reach them in person.

National Suicide Prevention Lifeline - <http://www.suicidepreventionlifeline.org/>

Trans-Gender Suicide Prevention Line – 877.565.8860

SUPPORT GROUPS:

Triple Point for 12- to 18-year-olds – Children’s Home Society

Contact Person:

Dylan Spalding – Triple Point Facilitator

509.663.0034 dylan.spradling@chs-wa.org

- We provide a safe place where youth can make positive connections, learn about community resources, receive the support they need, as well as participate in regular meetings with other LGBTQ+ youth and group leaders.
- We also offer support in our schools for LGBTQ+ youth and education to LGBTQ+ allies and community members

Wenatchee Pride – www.wenatcheepride.org

Wenatchee Pride envisions a world in which all LGBTQ+ people can live and love openly, as their most authentic selves, within the NCW communities they call home.

FOSTER FAMILIES:

Contact DCYF Licensers:

Nora McMonagle at 509.699.3497

Lucy Moro at 509.670.7452

Children’s Home Society – Foster Families

Contact: Penny Wheatcroft at 509.663.0034

NATIONAL ORGANIZATIONS & LOCAL CHAPTERS:

PFLAG - <https://www.pflag.org/>

wenatcheepflag@gmail.com

Human Rights Campaign (HRC) - <http://www.hrc.org>

GLAAD - <http://www.glaad.org>

Gay, Lesbian, and Straight Education Network (GLSEN) - <http://www.glsen.org>

American Civil Liberties Union (ACLU) - <https://www.aclu.org>

It Gets Better Project - <http://www.itgetsbetter.org>

Time to Thrive - <http://timetothrive.org/>

Welcoming Schools - <http://www.welcomingschools.org>

National Suicide Prevention Lifeline - <http://www.suicidepreventionlifeline.org>

<https://lgbtq.wa.gov/resources/county/spokane>

Trevor Project Lifeline

A hotline for LGBTQ+ youth who are in crisis or just need a safe place to talk. Call 866-488-7386 or text/chat www.thetrevorproject.org/help